

How B2E works:

Each B2E class serves up to 12 parents for an 8-week term, for 2 hours each week. Each prospective participant must complete IPI's intake process, which includes an application, a needs assessment, and a face-to-face review with an assigned case advocate who reviews program practices, expectations, and details of the training component. The case advocate assigned at intake remains the parent's case advocate throughout the program.

But, why is healthy parenting so important?!

Because most of who we become begins in the home. Our definitions of life (and how we live it) are formed there. It is where our success or failure begins. To achieve desirable behaviors in life requires they 1st be modeled in the home, for we are imitators before we are initiators. Children spend much of their time imitating their environment, which is mainly their parents, as they spend up to 91% of their time from birth to age 18 with their parents, engaged in parental interactions.

Healthy parenting is a healthy community.

Neglect adversely affects development. Neglect your garden, and weeds replace flowers. Neglect your work, and it soon becomes uncontrollable, if not overwhelming. Parental neglect reaps the "weeds" of social, health and behavioral outcomes that prevent children (and communities) from reaching their full potential. The only way to successfully remove weeds from your garden is to tackle them at their root. Educating parents tackles today's social issues at their core.



839 Broadway ■ Suite B96 ■ Gary, IN 46402
Phone: 219-886-1111 – Fax 219-886-1113
Website: www.indianaparentinginstitute.org

IPI prepares parents, enables parents and serves parents - EXCLUSIVELY.

Birth2Eighteen[®]

Healthy Parenting Training Program

Free and open to NWI caregivers.



Help a 
Parent.
Save a **Child.**
Indiana Parenting Institute



What is parenting? (check only one)

- Providing for my kids (shelter, food, clothing)
- Telling them what to do (rules, correction, discipline)
- Guiding them (communication, training, set examples)

Did you know that who you are today is a result of the parenting method used by your parent(s)?



Which parenting method on the front cover did you choose? And what type of child/adult are you developing by using that method? Only time will tell...

“A well-developed child begins with healthy parenting. Unhealthy parenting creates broken children, resulting in parental disrespect, violence, drug misuse, school dropout, crime, teen pregnancies, and in the end, community deterioration.”

Or You Can Try:



Birth2Eighteen (B2E)

IPI’s core program strengthens families by cultivating in parents both the nurturing parenting and essential life skills needed to achieve family self-sufficiency.

Basically, healthy parenting comes down to relationship...

The parent/child relationship affects us more intensely than any other relationship in our lives. It sets the groundwork for all our other relationships, and is the source of our earliest awareness and understanding of love, intimacy, trust and security. It can nourish us to wholeness and self-assurance, or scar us for life - for a productive and successful life is only achievable through the healthy relationships we make.

A healthy parent/child relationship results in a healthy, capable child/adult. A healthy relationship with the community and with others empowers an individual to make positive contributions to society.



Targeted Approach

B2E targets the parenting of specific age groups (0-5, 6-12, 13-18, teen parents). B2E further provides programs geared to specific cultures and needs (such as: homelessness, families in recovery, and family reunification).

Community Resource

B2E starts with parent concerns, and introductions to the community services that may help alleviate them (e.g., employment, childcare, education, healthcare, afterschool programs, finances, etc.).



From-the-Heart Parenting

Next comes relationship-building and teaching parents how to talk with (not at) their kids, which is the cement that holds the parent/child relationship together.

Vision

Where there is no vision, the people perish.

Proverbs 29:18

Then comes a change in perspective. Parents are shown that to accomplish a certain way of life in the home starts with envisioning it, then learning the steps needed to bring that vision for themselves, their children and their families to reality.

After completing a core education class, parents are then encouraged to become part of IPI’s parent peer support group: **Effective and Responsible Parent Support (EARPS)**.

For 8 weeks, parents receive ongoing skill development in an informal group setting to help prevent recidivism. The program model mirrors, in part, the 12-Step Program®, and all meetings are led by an experienced facilitator.

